



IOM International Organization for Migration
OIM Organisation Internationale pour les Migrations
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IOM's International Dialogue on Migration
Co-sponsored by WHO and CDC

Seminar on Health and Migration, 9-11 June 2004

Session IIB: Public Health and Migration

*Investing in mental health in post-conflict rehabilitation, Professor
Ka SUNBAUNAT*

INVESTING IN MENTAL HEALTH IN CAMBODIA



By Prof. Ka Sunbaunat
Director, National Program for Mental Health
Ministry of Health, CAMBODIA
Geneva: 9-11 June 2004

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Ministry of Health, Cambodia

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HISTORY OF MENTAL HEALTH DEVELOPMENT IN CAMBODIA

Before 1975	1975-1979	1979-1994	1992	1994	1994-Now	
Only one Psychiatric Hospital	No Mental Health Service GENOCIDE (Pol Pot Regime)	No Mental Health Service Neither MH –HR	Mental Health Sub-Committee is established	Mental Health Training and Services started CMHTP-IOM	Mental awareness & mental Health Services Development	National Program for Mental Health (soon in 2004)

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GENERAL INFORMATION

- Population: 13,000,000
- Mental Health Policy/Plan: Accepted by MoH
- Substance Abuse Policy: Present (NACD)
- National Mental Health Program: In phase of preparation
- Essential List of Drug: Yes
- Mental Health Legislation: Absent
- Mental Health Financing: Yes (for Psychotropic drug only)

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MENTAL HEALTH RESOURCES IN CAMBODIA

- Mental Health Manpower:**
 - Psychiatrist: 20 (Ratio:1/650,000)
 - Psychiatric nurses: 29 (Ratio:1/448,276)
- Mental Health Facilities:**
 - Psychiatric Hospital: No
 - In patient Unit in General Hospital: One (starting in June, with 8 beds)
 - Psychiatric Out patient Unit in Referral Hospital: 12/68 RH
 - Psychiatric Out patient services in health center: 16/939 HC
 - Private Hospital:** No
 - Private clinic:** Yes
- Social Insurance:** No

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MENTAL HEALTH RESOURCES IN CAMBODIA (Cont)

- **Other Resources:**

- **Local**

- World Health Organization (WHO)

- **International**

- International Organization for Migration (IOM)
- WHO
- Norway
- Louvain Développement
- MHLP, CIMH

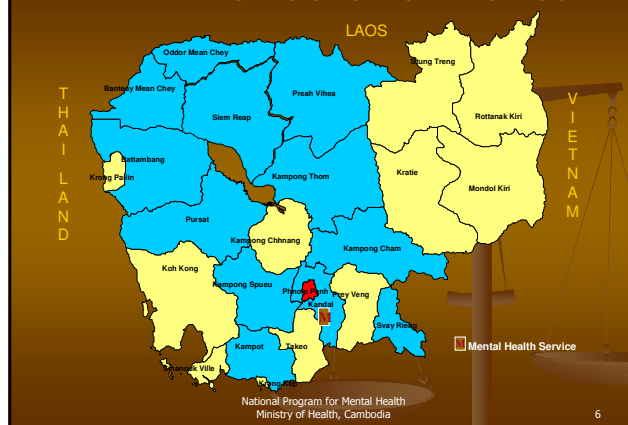
- **Local partners**

- Trans Cultural Psychosocial Organization (TPO)
- Social Services for Cambodia (SSC)
- Caritas
- Médecin de l'Espoir du Cambodge (MEC)
- Supporter for Mental Health (SUMH)

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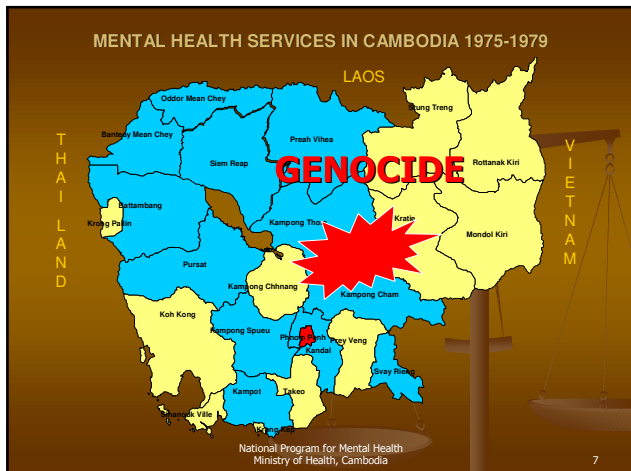
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MENTAL HEALTH SERVICES IN CAMBODIA BEFORE 1975



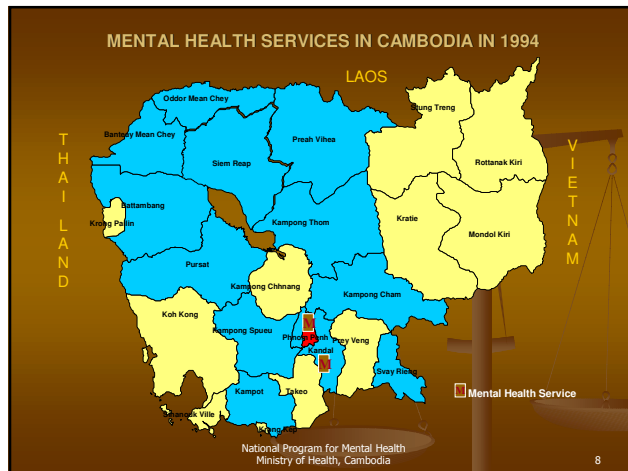
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MENTAL HEALTH SERVICES IN CAMBODIA 1975-1979

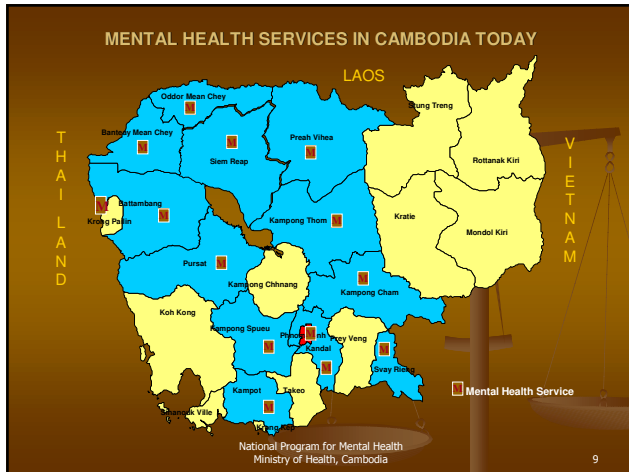


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MENTAL HEALTH SERVICES IN CAMBODIA IN 1994



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- **Decentralization and Community based**
- **Mental Health Care in General Health Care**
- **Basic Mental Health Care**
- **Awareness on mental health**

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- Organizational Reform/ Institutional Development
(National Program for Mental Health)
 - Mental Health Human Resource Development
(Specialist, basic & primary mental health care training)
 - Mental Health Service Provision
(Basic and Primary Mental Health Care)
 - Behavioral Change
(Change Attitudes of mental health providers and consumers & their communities)
 - Research
(Epidemiological Study of mental illness)

- **Developing Mental Health Policy/ Plan/Legislation**
Supported by WHO, the Mental Health Policy/Plan developed in 2002.
- **Developing National Mental Health Structure/Program**
The roles of International Organizations through collaboration with WHO and implementation of CMHTP-CMHDP & NMHP are building up capacities and transfer the responsibility in MH development to the Cambodian MoH.
- Human Resource Development:**



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HUMAN RESOURCE DEVELOPMENT

- Training Psychiatrists, Psychiatric Nurses
- Training Basic Mental Health Care for GPs and Nurses
- Training Primary Mental Health Care for GPs and Nurses
- Introducing Mental Health in the curriculum of the undergraduate medical students and nurse students at the TSMC and four RTC.
- Training of trainers in MH
- Training other Mental Health Professionals

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SERVICES PROVISION

- **Provide treatment in Primary Care**
To enable GPs and Nurses to recognize and treat common mental disorders.
- **Promote Community Mental Health Care**
Integrating mental health in National Strategic Health Plan as components of MPA including clinical and out reach activities

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BEHAVIORAL CHANGE

- **Change the attitude of health providers**
Raise awareness among public and health staff about quality of mental health services and strengthen the professional ethics....)
- **Empower consumers**
Use inter-personal communication and mass media such as Radio/TV, magazines
- **Promote healthy lifestyles**
Use community structure, family, consumers and multi- sectorial approaches to influence healthy practice...)
Collaborate with local resources (parents, families, teacher, authority ...) to prevent/promote mental health.

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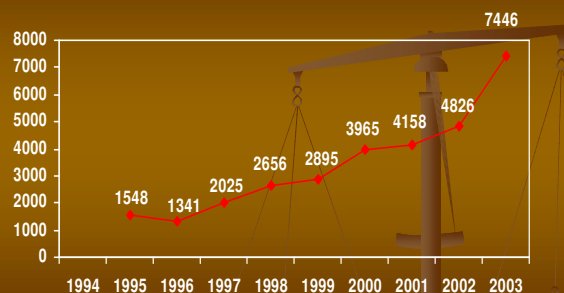


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Ten Year Achievement

New Cases by Year

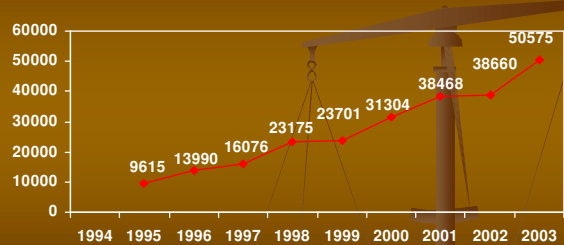


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TEN YEAR ACHIEVEMENT

Consultation by Year



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ព្រះរាជាណាចក្រកម្ពុជា
KINGDOM OF CAMBODIA

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THANK YOU !