SUPPORTING MIGRANTS AND THEIR FAMILIES IN THE WIDER SOCIAL CONTEXT

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About my talk

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- Challenges
- Practical measures
- A City for All Ages - Edinburgh’s Plan for Older People
- Key messages
UK Government

- Constitution
- Taxation
- Defence
- Foreign policy
- Social Security
- Employment legislation
Scotland

Devolved powers

- Education
- Health
- Transport
- Agriculture and Fisheries
- Law Enforcement
- Economic Development
- Local Government – Convention of Scottish Local Authorities
Edinburgh

- Capital City of Scotland
- Scottish Parliament
- Gateway to Scotland
- Festival city
- World Heritage City
- Employment sectors - financial services, tourism, retail, creative industries, biosciences and public services.
Challenges

- Demographic change
- Competing priorities and political landscape
- Dementia
- Isolation, loneliness and depression
- Health inequalities and discrimination
- Poverty
- Recession
- Working and living together
Practical measures

- The Equality and Human Rights Commission Scotland
- Council of British Pakistanis (Scotland)
- The Ethnic Minorities Law Centre in Edinburgh and Glasgow
- Edinburgh & Lothians Racial Equality Council
- Edinburgh Equalities, Diversity and Human Rights (EDHR) Scheme
- EDHR Bulletin
- Edinburgh Equalities Network
- Equality Impact Assessments
- Hate Crime Reporting
Practical measures 2

- The Interpretation and Translation Service
- Edinburgh Chinese Elderly Support Association
- Minority Ethnic Health Inclusion Project
- Men in Mind (Health in Mind)
- Milan Senior Welfare Organisation Ltd (op)
- Minority Ethnic Carers of Older People Project
- Saheliya
- Shakti Women's Aid
- Sikh Sanjog working with Sikh Women and their Families
- Skillnet
- Trust, Hanover (Scotland) and Bield Housing Associations (op)
- West Edinburgh Asian Women's Group (op)
- Nari Kallyan Shangho (op)
Edinburgh’s Plan for Older People

- Launched in 2000 following a review of services for older people
- Promotes social inclusion, positive attitudes to ageing, encourages people aged 50+ to plan ahead for their own health and wellbeing and supports older people in need of care
- A joint arrangement between The City of Edinburgh Council and its partners in the National Health Service (NHS) Lothian and the voluntary and commercial sectors
- Part of the city’s Community Planning arrangements through its links to the Edinburgh Partnership and 12 local Neighbourhood Partnerships
- The Action Plan 2007-2010 outlines key areas for partnership working
- Older people are actively involved in the planning process and implementation of the Plan.
Overall Aims of the Plan

- Make Edinburgh a place where older people can live positive, contributing lives as valued citizens.
- Ensure the city has a positive approach to older people in all its services and functions.
- Enable as many older people as possible to participate in inclusive, mainstream activities.
- Address the issues older people say are a problem such as information & advice, community safety, local environment, transport, road safety.
- Help vulnerable older people to remain supported in their own homes for as long as possible.
- Ensure the welfare and quality of life for people living in care homes.
Involving Older People 1

A City for All Ages Advisory Group

- Discusses plans and monitors Edinburgh’s Plan for Older People
- Linked to local forums, groups and voluntary organisations including BME
- Strategic Development Group (SDG) for Older People - membership includes representatives from NHS Lothian, voluntary sector and older people.
- Linked to the Edinburgh Equalities Network, the local Neighbourhood Partnerships, reprovisioning of NHS facilities at RVH and REH and World Heritage Trust

Edinburgh Inspiring Volunteering Awards June 2008 and 2010
Involving Older People 2

- Series of seminars on the main themes of Edinburgh’s Plan for Older People held until June 2010 involving older people, voluntary organisations, service providers and practitioners.

- Seminars on health, housing and social care, community safety and the protection of vulnerable adults, the contribution and involvement of older people, Age-Friendly Cities, financial issues, carers, transport and intergenerational practice in partnership with the Scottish Centre for Intergenerational Practice.

- June 3 2009 – National Forum on Ageing Edinburgh conference supported by the Scottish Government.
Involving Older People 3
Today and Tomorrow

- The Today and Tomorrow Task Group represents older people and carers from the ethnic minority communities. It is chaired by Mrs Shaheen Unis and is linked to the Advisory Group.

- Today and Tomorrow – the action plan for older people from the ethnic minority communities.

- A booklet summarising the action plan was made available in five community languages.

- In 2005 a Today and Tomorrow seminar included, for the first time in the UK, the use of simultaneous translation in community languages.

- Actions now “mainstreamed” into Edinburgh’s Plan for Older People.

- Today and Tomorrow produced a DVD using the voices of older people in their own language to describe the work of the group and the experiences of older people.

- In October 2008 Today and Tomorrow received an award from the Active Ageing of Migrant Elders across Europe (AAMEE) project.
Care and Support for 65+


- Day care.
- Residential care / care homes.
- Hospital discharge.
- Supported housing.
- Community transport.
- Voluntary sector services.
- Private providers.
- Re-ablement Service nominated for a 2010 CoSLA Award
Get up and go

- Partnership and annual publication

- One of the first successes of A City for All Ages now in its ninth year. Over 35,000 brochures distributed each year

- 500 people attended the Jam Packed Full of Life event in October 2008 and a similar event in 2009 to celebrate Older People’s Day and the launch of the new Get up and go

- The 2010/11 publication produced by the Council’s Libraries and Information Service.
Ageing Well

- Aims to improve health and well being of older people through volunteers aged 50 + trained to support others and lead activities.

- Activities include seated exercise, dancing, walking, gardening, indoor curling, drama, singing.

- Funding and support through a partnership between the National Health Service (NHS) Lothian, Edinburgh Leisure and the Pilmeny Development Project.
Age Concern Edinburgh – Information Technology (ACE – IT)

- ACE-IT computer training project for 50+ age group.
- Moose In The Hoose project introduces the benefits of computers to those living in care homes using retired / senior volunteers.
- ACE-IT has won many local and national awards.
Care and Repair Edinburgh

- Working in partnership with the City of Edinburgh Council
- Home Improvement and Garden Service
- Small Repairs Service
- Trades Referral Service
- Handyperson Service
- Home from Hospital Service
Home Safe Home

Tackling doorstep and hate crime

Contact Caroline Wilson on 0131 469 3871 for information booklet about making your home safer.

Trading Standards Knowing your rights
International links and awards

- 2006 Edinburgh a member of the World Health Organisation (WHO) Global Age-Friendly Cities project.

- A City for all Ages was nominated for a EUROCITIES Award for Innovation 2007.

- In October 2008 A City for All Ages – Today and Tomorrow won first prize in the European Good Practice Competition II for the Active Ageing of Migrant Elders across Europe (AAMEE) project.

- A City for All Ages is in partnership with the Edinburgh Chamber of Commerce as a member of URBACT and transnational actions on research.

- In October 2009 the Strategy Manager won the Council’s Inclusive City award and the Council Leader’s award.

- Now in partnership with World Congress on Active Ageing 2012
Monitoring and evaluation

- Annual progress reports to the City of Edinburgh Council and the Edinburgh Partnership
- 2010 evaluation looking at impacts, lessons learned and good practice that can be shared.
- Build on the external evaluation of the first action plan completed in 2005.
- Build on the 2006 revised actions consultation, which involved over 1000 people. Respondents were from a variety of settings across the city including clubs and forums for older people, care homes, day centres, educational and health and well being centres, equalities and communities groups. Older people were involved in planning the consultation process.
- Ensure that health and wellbeing, active ageing and the voice of older people is integrated into relevant policies and services across the Council, NHS, voluntary and commercial sectors in Edinburgh.
Key messages

- Competing priorities
- Vision and action plan involving all sectors and parties working together
- Dedicated staff to oversee implementation of plan
- Investment in and involvement of older people
- Implementation through existing structures and mechanisms
- Access to small budgets
- Communication plan with celebratory events
- Monitoring, evaluation and reporting