INVESTING IN MENTAL HEALTH IN CAMBODIA

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GENERAL INFORMATION
- Population: 13,000,000
- Mental Health Policy/Plan: Accepted by MoH
- Substance Abuse Policy: Present (NACD)
- National Mental Health Program: In phase of preparation
- Essential List of Drug: Yes
- Mental Health Legislation: Absent
- Mental Health Financing: Yes (for Psychotropic drug only)

MENTAL HEALTH RESOURCES IN CAMBODIA
- Mental Health Manpower:
  - Psychiatrist: 20 (Ratio:1/650,000)
  - Psychiatric nurses: 29 (Ratio:1/448,276)
- Mental Health Facilities:
  - Psychiatric Hospital: No
  - Inpatient Unit in General Hospital: One (starting in June, with 8 beds)
  - Psychiatric Outpatient Unit in Referral Hospital: 12/68 RH
  - Psychiatric Outpatient services in health center: 16/939 HC
- Private Hospital: No
- Private clinic: Yes
- Social Insurance: No
MENTAL HEALTH RESOURCES IN CAMBODIA (Cont)

- Other Resources:
  - Local
    - World Health Organization (WHO)
  - International
    - International Organization for Migration (IOM)
    - WHO
    - Norway
    - Louarne Developpement
    - MHNUP, OIM
  - Local partners
    - Trans Cultural Psychosocial Organization (TPO)
    - Social Services for Cambodia (SSC)
    - Camfas
    - Medecin de l’Espoir du Cambodge (MEC)
    - Supporter for Mental Health (SUMH)
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**MENTAL HEALTH SERVICES IN CAMBODIA TODAY**

- Pursat
- Kampong Cham
- Preah Vihea
- Kampong Thom
- Oddor Mean Chey
- Battambang
- Siem Reap
- Stung Treng
- Mondol Kiri
- Kratie
- Banteay Mean Chey
- Rottanak Kiri
- Kampong Spueu
- Kampot
- Kampong Chhnang
- Prey Veng
- Takeo
- Kandal
- Svay Rieng
- Sihanouk Ville
- Krong Pailin
- Koh Kong
- Phnom Penh
- Krong Kep

**MENTAL HEALTH CARE DIRECTION IN CAMBODIA**

- Decentralization and Community based
- Mental Health Care in General Health Care
- Basic Mental Health Care
- Awareness on mental health

**PRIORITY AREAS**

- Organizational Reform/ Institutional Development  
  (National Program for Mental Health)
- Mental Health Human Resource Development  
  (Specialist, basic & primary mental health care training)
- Mental Health Service Provision  
  (Basic and Primary Mental Health Care)
- Behavioral Change  
  (Change Attitudes of mental health providers and consumers & their communities)
- Research  
  (Epidemiological Study of mental illness)

**INSTITUTIONAL DEVELOPMENT**

- Developing Mental Health Policy/ Plan/Legislation  
  Supported by WHO, the Mental Health Policy/Plan developed in 2002.
- Developing National Mental Health Structure/Program  
  The roles of International Organizations through collaboration with WHO and implementation of CMHTP-CMHDP & NMHP are building up capacities and transfer the responsibility in MH development to the Cambodian MoH.
- Human Resource Development:
Seminar on Health and Migration, 9-11 June 2004
Session IIB: Public Health and Migration
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HUMAN RESOURCE DEVELOPMENT

- Training Psychiatrists, Psychiatric Nurses
- Training Basic Mental Health Care for GPs and Nurses
- Training Primary Mental Health Care for GPs and Nurses
- Introducing Mental Health in the curriculum of the undergraduate medical students and nurse students at the TSMC and four RTC.
- Training of trainers in MH
- Training other Mental Health Professionals

SERVICES PROVISION

- Provide treatment in Primary Care
  To enable GPs and Nurses to recognize and treat common mental disorders.
- Promote Community Mental Health Care
  Integrating mental health in National Strategic Health Plan as components of MPA including clinical and outreach activities

BEHAVIORAL CHANGE

- Change the attitude of health providers
  Raise awareness among public and health staff about quality of mental health services and strengthen the professional ethics...
- Empower consumers
  Use inter-personal communication and mass media such as Radio/TV, magazines
- Promote healthy lifestyles
  Use community structure, family, consumers and multi-sectorial approaches to influence healthy practice...
  Collaborate with local resources (parents, families, teacher, authority ...) to prevent/promote mental health
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