Mental Health and Psychosocial Support

IOM South Sudan | Quarterly Update - Q1 and Q2 2016





The IOM Psychosocial Mobile Team members extended to now encompassing 80 members, in Bor and Bentiu PoC. The teams have set up a total of 34 psychosocial groups targeting adults, youth, women, men, widows, elderly, HIV+ mothers. The groups provide activities to strengthen family and community social support networks but also more focused services for persons additional support. The psychosocial team members were trained in using creative methodologies such as plastic arts, music, theater, dance and movie production. A psychologist is now available to provide specialized services in Bentiu PoC. In addition of the usual trainings provided to CCCM, health care workers and protection workers, IOM supported a training of trainers on the IASC MHPSS guidelines for MHPSS actors

Beneficiaries

Number of beneficiaries reached per gender and age categories



Highlight

Using Film to Heal the Wounds of War in South Sudan



IOM teamed up with a group of young internally displaced persons (IDPs) in South Sudan to produce a film to promote healing and psychosocial well-being during this time of war and displacement.

At the Bentiu PoC site, IOM has supported the formation of 28 psychosocial support groups that utilize creative methodologies, such as theatre and music, to address psychosocial issues PSS facilitators—selected from among the IDPs and trained on psychosocial support—used metaphors to engage the youth in a reflective process and promote positive ways of expressing feelings and emotions. From this, they developed a film, from scripting to production: Jal Tekada, the Journey of My Life. All of the actors in the video are IDPs themselves, and the entire music soundtrack was developed and recorded by the PSS musician group.

MHPSS Operational Presence Abyel NORTHERN BAHR EL NILE MATAZAL BAHR EL CHAZAL WARRAP JONGLEI JONGLEI JONGLEI JONGLEI JUDBA EASTERN EQUATORIA GENTRAL GE

Indicators

% achievement against the project indicators

Indicators	Total	Male	Female	% Achievement
Number of community members selected and trained on counselling	40	28	12	70.00%
Establish 2 Psychosocial resource centers in 2 poC	2	2	0	100.00%
Number of primary health workers trained on PFA (health cluster indicator).	80	72	8	90.00%

Planning for Quarter 3

- Establishment of PSS mobile team in Malakal PoC
- Training on basic PSS service provision
- Establishment of PSS resource center in Malakal PoC
- Training on conflict mediation and conflict transformation
- Establishment of an integrated MHPSS working group

The video can be seen at: https://www.youtube.com/watch?v=Xpf1s664Pns&feature=youtu.be Learn more at: https://weblog.iom.int/using-film-heal-wounds-war-south-sudan

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